



GETTING PREPARED FOR A FLOOD

PREPARING YOUR HOUSEHOLD

- Plan and practice your emergency preparedness plan
- Prepare a “go bag” with emergency supplies for 72 hours

PREPARING KIDS AND YOUTH

- Get kids to pack their own 72-hour emergency ‘go bag’
- Pack a few games, favourite stuffed animal in their 72-hour bag

PREPARING YOUR HOME, CONDO OR APARTMENT

- Assign floor wardens at your facility if you live in a condo or apartment
- Have a list of residents and know your muster point in the event the entire facility is evacuated
- Know who to call if utilities need to be shut off

PREPARING YOUR PETS

- Emergency kits should include pet photos, food, leash, collar and carrier
- Have a care plan and temporary residence in place for your pet’s safekeeping

PREPARING FARM ANIMALS

- Have an emergency plan in place to evacuate your animals and an emergency kit ready to go
- Read the Alberta Emergency Preparedness for Farm Animals guide at www.aema.alberta.ca

PREPARING YOUR BUSINESS

- Create an emergency preparedness and business continuity plan and practice it with employees
- Think about how to protect critical assets and documents during a disaster

PREPARING YOUR NEIGHBOURHOOD

- Discuss a plan with neighbours to check everyone’s safety during a flood
- Don’t forget to talk to elderly neighbours, people living alone or with a disability about their plans and offer to assist

PREPARING SENIORS

- Have a trusted support network of 2-3 people to check in and assist in an emergency
- Emergency kits for seniors should have extra medication, medical and mobility devices

PREPARING PEOPLE WITH DISABILITIES

- Have a trusted support network of 2-3 people to check in and assist in an emergency
- Emergency kits should include all special needs items and those needs should be clearly outlined (difficulty hearing, dietary restrictions etc.)





72-HOUR EMERGENCY CHECKLIST

Planning ahead and preparing for a flood means having a 72-hour emergency kit with basic supplies, personal items, and important documents ready to go at a moment's notice, including the following:

BASIC SUPPLIES

- First aid kit
- Water (4 litres per person/per day for drinking and hygiene)
- Non-perishable food items that are canned or dried (ready to eat)
- Can opener
- Multi-purpose tool (Swiss army knife & lighter)
- Flashlights & extra batteries
- Essential electronics – phones & chargers
- Hand-crank radio
- Whistle to signal for help
- Garbage bags & ties
- Moist towelettes

CRITICAL INFORMATION & DOCUMENTS

- Passports
- Birth & marriage certificates
- Insurance policies
- Diplomas & educational records
- Household inventory list
- Wills & power of attorney
- Bank account/credit lines/credit card numbers & contacts
- Emergency contact information
- Social insurance number
- Driver's licence & medical card numbers
- Immunization & medical records
- Financial information (income tax returns, etc.)

PERSONAL ITEMS

- Prescription medication
- Medical equipment and devices (walkers, etc.)
- Eyeglasses & hearing aids
- Vitamins
- Cash (preferably smaller bills)
- Blankets & sleeping bags
- Warm clothing and change of clothes (more socks & undergarments)
- Footwear
- Essential hygiene items (soap, shampoo, etc.)
- If you don't have a cell phone, have a pre-paid phone card ready
- Infant formula, diapers for babies
- Pet registration, info & photos
- Pet food, spare leash, collar & carrier

WILL YOU BE READY?



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